

---

## CHECKLIST

### 1. DOCUMENTS

---

- Sign electronic Informed Consent Form and Patient Agreement electronically via link provided “Pre-Op” email from Panda Docs, due within 3 days of receiving it.
- Send picture of Driver’s License to your Coordinator
- Complete Travel Information Form flight itinerary link provided in “Pre-Op” email ASAP (<https://renewbariatrics.com/enter-flight-information/>)
- Arrange for final payment due (10) days minimum prior to pick-up/surgery

### 2. SURGERY PRE-OP REQUIREMENTS

---

- Review and follow Pre-op Diet at specified time listed in your “Pre-Op” email
- Follow other instructions in Pre-Op Diet requirements regarding medication, smoking, and etc.

### 3. TRAVEL ARRANGEMENTS

---

- Book airline ticket – follow instruction provided in Itinerary for arrival/departure times
- Notify your airline that you would like wheelchair assistance on your return flight
- Contact your bank to let them know you will be in Mexico so they do not block any transactions if you plan to make purchases (US Dollars are widely accepted in Mexico)
- Contact your cell phone provider to let them know you will be in Mexico so they can enable international calling
- Review Packing List – small carry-on or backpack only - Only these items on PDF list are required (**Please do not bring vitamins, protein shakes, and etc. these are for use at home** - please do not bring unless you have an extended trip)