

## Pre-Op Testing

**Q.** What pre-op tests should I get at home?

**A.** Unless you have a specific concern or our doctor's have requested a specific test or information for medical clearance no pre-op testing is required at home.

All tests required here will be repeated the day of surgery regardless of your results submitted due to day of clearance requirements.

**Q.** What pre-op tests are performed?

**A.** Typical pre-op testing is as follows, dependent on health history further items may be required by the doctors:

- Blood Panel: CBC, WBC, Hemoglobin, Glucose, Platelets, Type, Infectious Diseases, and etc.
- EKG
- Spirometry (breathing test to identify pulmonary function)
- Full Exam by Internal Medicine Doctor
- Anesthesiologist review
- Thorax X-Ray (Chest radiograph) - **Oasis of Hope** only
- Barium swallow - revisions

Extra testing rarely required and best suited before hand:

- Cardiologist clearance
- Endoscopy

**Q.** What are the chance I will be disqualified for surgery after pre-op testing?

**A.** If you have been honest and accurate on your intake form there is no reason that this would be the case if you are in normal health with the exception of undisclosed or conditions you are aware of.

Our surgical team and doctors would never proceed with surgery if you had a life threatening condition that would risk your life by completing your surgery. Examples of this would be a tumor found during surgery, chronic cough or cold, extreme bloodwork levels. If you believe that there is something that would impact your surgery please let us know

immediately.

## Procedure

**Q.** How long does the procedure take?

**A.** The procedure itself takes about 45 minutes but varies based on health history, previous surgeries, and BMI.

After the procedure you are estimated to be in recovery for 2 hours.

**Q.** What time will my procedure be?

**A.** Surgery times are varied based on various factors each day:

- OR schedule (other doctor's schedules and delays and emergencies)
- Arrival Time
- Pre-op testing completion
- Anesthesiologist determines order of patients after blood work is complete
- Surgeon orders patients based on various factors: complexity, BMI, bloodwork and etc.

**Q.** How many incisions will I have?

**A.** 4-5 depending upon how well you have done on your pre-op diet.

Doing the pre-op diet well can eliminate (1) incision for the liver retractor.

**Q.** Is a leak test performed before I leave?

**A.** Yes, (3) leak tests are completed and passed prior to discharge.

(2) tests are done in the OR - a blue dye test and a PSI test with air to identify any leaks prior to leaving OR.

A final leak test is performed outside of the OR with a barium swallow via x-ray. The x-ray will be provided to you upon discharge.

Q. What anesthesia is used?

- A. A variation of General Anesthesia is used and is specific to each patient but typically: Propofol, Fentanyl and Vecuronium, followed by Maintenance Oxygen + Desflurane.

Q. Will I be in pain?

- A. Some level of pain is to be expected from a surgical procedure. Though pain from laparoscopic bariatric surgery is typically less than one might expect, it is important to remember that everyone experiences pain differently. Please let your surgical team or nurse know if you are experiencing pain. Some patients use no pain medication at all once they are home; others do. Remember – you are an individual with individual needs. Patients with previous pain medication prescriptions will have a lower threshold for the pain due to the tolerance built-up. IV Morphine is available for \$150 during your stay but is subject to approval by the doctor.

## **Surgical Schedule**

Once your testing is done and you are prepped for surgery, you will wait in your room until it is your turn to be taken to the OR.

PLEASE NOTE: BECAUSE ALL PRE-OP TESTING IS DONE IN THE MORNING, SURGERIES TYPICALLY BEGIN IN THE AFTERNOON.

The daily surgical schedule is completed by your surgeon and his staff after blood work results are provided. You will have a wait until it is your turn for surgery and it may be late afternoon.

Your loved one may wait in your hospital room for you during surgery and recovery.

Depending on the type of surgery you are having, surgery can last anywhere from 45 minutes and up to 3 hours. After surgery, you will be